

Quick Camp Facts

Who are the coaches?

Tom Hays - vault coach at the University of Kansas has coached 3 collegiate record holders, 4 national champions, 3 national runners up and countless NCAA All-Americans in the pole vault over his collegiate career.

Pat Wilson - vault coach at Wichita State University, his men vaulters have won 7 out of 8 KUAC Titles and his women won 6 of 10 KUAC Titles. At the high school level he has produced 4 state champions.

Darrin Bryant - vault coach at Vault-Midwest Club, former national junior college champion, still one of the all-time top 10 vaults in the state of Kansas and has helped numerous athletes go on to the college level.

Mark Philips - is the Head Track & Field Coach at Cowley College. In 25 years of coaching the vault, he has coached 51 NJCAA All-Americans, 8 NJCAA National Champions and 1 NJCAA National record holder in the Pole Vault. He has USA Track & Field Level II certification in the jumps and has worked various vault clinics for 20 years. As a Pole Vault and Coach, Phillips has been involved with the Pole Vault for 35 years.

Where is the camp held?

Anshutz Indoor Pavilion
1651 Naismith Drive
Lawrence, KS 66045

location west of Allen Fieldhouse

How do I register?

Fill out the registration form on the back of this brochure and mail it to:

Camp Cost and Schedule

Overnight Camp (June 27th-30th)

\$475.00 Overnight Campers
\$395.00 Day Campers

Mail-in registration or register
now at
VaultUnited.com

Deposit \$150.00 due June 17th
NON-REFUNDABLE

Check-In June 27th
10 am to 1 pm at Naismith Hall

For day campers they check out from Naismith each night at 8:30 pm and then check in each morning at 9 am. Breakfast will not be provided to day campers.

Check-Out June 30th
11 pm at Naismith

Will meals be provided?

Yes, meals and snacks will be provided.
Campers are encouraged to bring additional snacks.

Who can participate?

All male and female athletes, ages 10 and up are eligible to participate. This is the perfect environment for athletes who never vaulted before to learn the proper technical progression.

Jayhawk Summer Vault Camp 2010



The University of Kansas

Four Day Pole Vault Camp June 27th – 30th

Attention Pole Vault Campers:

The school season is over but let your jumping end. Come out to the Jayhawk pole vault camp and improve a little more for next year. Enjoy some pole vaulting and a little bit of fun with your fellow vaulters.

If Questions

Call Ryan – (816)304-4320

Email rh86@ku.edu

WWW.KUATHLETICS.COM

Registration

Name _____

Address _____

City, State, Zip: _____

Parent's
Name(s) _____

Home
Phone _____

Emergency
Phone _____

E-mail address _____

Grade: Junior High FR SO JR SR

School _____

School Coach _____

Highest Vault _____

Biggest Pole Used: _____

T-Shirt size: S M L XL

Circle One:

Overnight Camper \$475 Day Camper \$395

Checks should be made payable to:

Vault USA or Tom Hays

c/o Tom Hays
The University of Kansas
1651 Naismith Drive
Lawrence, KS 66045 - 7538

Informed Consent and Release

This form must be completed and submitted with payment before you will be allowed to participate.
I hereby grant permission for myself/child to attend the Jayhawk Winter Vault Camp. I verify that I/my child has had a physical exam in the past year and is capable to participate in activities related to pole vaulting. I agree to indemnify, hold harmless, and defend Tom Hays, Jayhawk Vault Camps, the University of Kansas, their agents, employees and sponsor from any and all liability for the injury to myself/my child, I understand that track and field, and in particular pole vaulting, and many related activities to Jayhawk Vault Camp are potentially dangerous and could pose risk of injury. Should medical attention be necessary, I hereby authorize any physician or trainer selected by the camp personnel to conduct medical or surgical procedures. In addition, I hereby grant permission for the Jayhawk Vault Camp to use any photographs or videotapes of camp related activities for the purpose of advertising or educational material development.

I HAVE READ AND UNDERSTOOD, AND I AGREE WITH THE INFORMED CONSENT AND RELEASE OUTLINED AS IT RELATES TO MYSELF/CHILD.

Participant signature

_____ (Date) _____

Parent/Guardian signature

_____ (Date) _____



What do I need to bring?

Campers will need to bring a good pair of running shoes, track spikes, sweats and a water bottle. The camp will have a large selection of poles for those who can't bring their own, however, when possible, we recommend that you bring the poles you will be jumping on at your schools.

Camp Objectives

- Create a learning environment for all campers.
- Each camper will establish a practice run from 4, 6, 8 and 10 steps.
- Each camper will establish the proper grip height and pole size for each of these runs.
- Each camper will learn a one-step vault progression.
- Each camper will learn a basic sand progression.
- Each camper will learn a weight progression for the approach.
- Each camper will learn a basic connection drill that helps a vaulter become insync with one's pole.

On-line Camp Registration

www.vaultunited.com

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