



2011 Heartland Youth



Cross Country Club Registration Form

Fill In All Information Completely: Parents' work or cell phone numbers are for emergency use only. (Please print legibly)

Athlete's First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Gender _____ Birthday _____ Age _____

Current School _____ Grade _____

Names of Parents or Guardians:

Father _____ Cell Phone _____

Mother _____ Cell Phone _____

Contact Emails (print clearly) _____

Medical Information:

Doctor's Name _____ Phone _____

Medical Insurance _____

Policy/Membership # Policy Holder: _____

The Heartland Youth Cross Country Club (HYCCC) is designed to introduce kids to cross country running by providing an experience that is fun, competitive, social, and informative about the sport. Our success has been largely due to the tremendous support from parents volunteering their time to make this an experience to be remembered by our children. Please consider where you may be able to lend a hand.

(Check areas of interest)

Coaching/Practice Sweeper: Father: _____ Mother: _____

Meet Helper: Father: _____ Mother: _____

Heartland Youth Cross Country Club (HYCCC) Application

HOLD HARMLESS STATEMENT:

Hold Harmless Statement:

In consideration of the Heartland Youth Cross County Club (HYCCC) allowing my child to participate in its cross-country program and the practices, meets, and events associated with this program, I intend to be legally bound for myself and I intend to legally bind my child by executing the agreement. I hereby, for myself and my child, my heirs, executors and administrators waive, release and forever discharge any and all rights, claims, or causes of action for any claims, injuries or damages that I or my child may have against the WYCCC, it's coaches, officers, parent volunteers, or any other person, organization, or entity assisting with HYCCC in its cross country program, including all municipal and governmental agencies whose property is used by HYCCC. The purpose of this agreement is to assure the HYCCC that in the event that my child is injured or damaged as a result of his/her participation with the HYCCC, I and/or my child will not hold the HYCCC responsible or liable for any claims, injuries or damages that I or my child may suffer in traveling to, participating in, and returning from any HYCCC practices, meets and activities.

PARENT SIGNATURE: _____ DATE: _____

Parents' Authorization to use child's photograph on Heartland Athletic Services website:

I grant the Heartland Athletic Services the authority to use photographic images of my child involving his/her participation in HYCCC practices, meets and activities on the Heartland Athletic Services website to promote the advancement of the HYCCC. YES _____ NO _____

CODE OF CONDUCT AGREEMENT:

ATHLETES: Arrive at practice ready to listen, learn and work to the best of their ability

1. Be supportive of all athletes on the HYCCC team.
2. Show respect to all.
3. Learn the rules and always compete by the rules.
4. Use only appropriate language and show sportsmanship.
5. If you've tried your best, you are a winner.
6. Respect all the coaches and officials at all times.
7. Have FUN!

ATHLETE SIGNATURE: _____

PARENTS: Respect and support all coaching decisions and training programs

1. Model good sportsmanship.
2. Place your child's well being above the desire to win.
3. Support coaches and officials working with your children
4. Show respect and courtesy to all.
5. Participate in the lives of your children. Volunteer.

PARENT SIGNATURE: _____

Zero Tolerance Policy:

To ensure the safety of our youth, the HYCCC enforces a zero tolerance policy towards behavior not suitable for team athletics. While coaches will teach and supervise practices and activities, athletes are responsible for safe and appropriate behavior. It is expected that athletes will come to practice with a willingness to learn and a positive attitude. If there is a problem, the athlete will be asked to sit out. Coaches have the authority to expel any athlete for inappropriate behavior (i.e. fighting, bad language, poor sportsmanship, etc.)

Heartland Youth Cross Country Club (HYCCC) Application

FEES AND UNIFORM ORDER FORM:

Registration Fee:

The primary purpose of the registration fee is to cover the operating expenses of the Heartland Cross Country Club including insurance, practice facility, and meet entry forms, equipment cost, uniform cost, coaching fees and special awards for the athletes.

Each athlete must have a complete uniform. The uniform for cross country consist of a singlet, running shorts, warm-up pants, warm-up jacket, hat and gym bag.

This is your **ONLY** chance to order the uniforms!

Athlete's Name: _____

(Circle the sizes below to select your uniform)

| No | Uniform Item | Size | Size | Size | Size | Size | Size |
|----|----------------|------|------|------|------|------|------|
| 1. | Singlet | YS | YM | YL | AS | AM | AL |
| 2. | Shorts | YS | YM | YL | AS | AM | AL |
| 3. | Warm-up Jacket | YS | YM | YL | AS | AM | AL |
| 4. | Warm-up Pants | YS | YM | YL | AS | AM | AL |

Please make your check payable to Heartland Athletic Services, Inc. in the amount of: \$195.00

**** Take a \$20.00 deduction for each additional sibling registering for the HYCCC program****

Mail the completed form by August 22, 2011 to: Heartland Athletic Services, Inc.

(HYCCC)

PO Box 30074

Kansas City, MO 64112

PRACTICE STARTS: August 29, at Amity Woods Nature Park, Kansas City, MO (Hwy 152 & N. Amity Rd)
(Practice Times 5:30pm to 6:45pm)

Please call with any questions about this registration form or the HYCCC program

- Gilbert S. Castillo: 816-916-6379, gscast@kc.rr.com



Heartland Athletic Services, Inc., PO Box 30074, Kansas City, MO 64112