

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****W30 60 Meter Dash**

Name	Age	Team	Seed	Finals	Points
Finals					
1 Singh, Sharon		W31 Scot Squires	0.09	9.37	10

W35 60 Meter Dash

Name	Age	Team	Seed	Finals	Points
1 Dandi, Vijaya		W38 Heartland Ra	15.00	14.42	10

W50 60 Meter Dash

Name	Age	Team	Seed	Finals	Points
1 Overstake, Claire		W51 Unattached	10.00	9.92	10
2 McBride, Joann		W51 Joann McBride	9.80	10.85	8

W30 200 Meter Dash

Name	Age	Team	Seed	Finals	Points
1 Singh, Sharon		W31 Scot Squires	38.00	33.52	10

W50 200 Meter Dash

Name	Age	Team	Seed	Finals	Points
1 Overstake, Claire		W51 Unattached	34.50	38.95	10
2 McBride, Joann		W51 Joann McBride	35.00	42.29	8

W30 400 Meter Dash

Name	Age	Team	Seed	Finals	Points
1 Singh, Sharon		W31 Scot Squires	1:25.00	1:16.25	10

W50 60 Meter Hurdles

Name	Age	Team	Seed	Finals	Points
1 Overstake, Claire		W51 Unattached	12.50	12.03	10
2 McBride, Joann		W51 Joann McBride	11.00	13.96	8

W50 High Jump

Name	Age	Team	Seed	Finals	Points
1 McBride, Joann		W51 Joann McBride	1.20m	1.17m	10

W50 Pole Vault

Name	Age	Team	Seed	Finals	Points
1 McBride, Joann		W51 Joann McBride	2.00m	2.14m	10

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****W50 Long Jump**

Name	Age	Team	Seed	Finals	Points
1 Mcbride, Joann	W51	Joann McBride	4.00m	3.79m	10

W50 Triple Jump

Name	Age	Team	Seed	Finals	Points
1 Mcbride, Joann	W51	Joann McBride	8.00m	7.23m	10

W35 Shot Put

Name	Age	Team	Seed	Finals	Points
1 Dandi, Vijaya	W38	Heartland Ra	6.00m	5.07m	10

W50 Shot Put

Name	Age	Team	Seed	Finals	Points
1 Overstake, Claire	W51	Unattached	26.00m	8.04m	10
2 Mcbride, Joann	W51	Joann McBride	8.00m	7.68m	8

M30 60 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Hawkins, Roger	M34	Unattached	6.85	7.59	8	10
-- Barahuna-Gomez, Lester	M30	Unattached	9.00	DNF	8	

M35 60 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Dolezilek, Shawn	M37	Unattached	7.65	7.73	7	10

M40 60 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Ovares, Guido	M41	Guido Ovares	9.00	8.92	7	10

M45 60 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Peebles, Joseph	M49	Unattached	8.00	8.79	2	10

M50 60 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Beattie, Richard	M51	Richard Beattie	8.60	8.32	6	10
2 Ellis, Ken	M51	Unattached	8.30	8.35	5	8
3 Reynolds, Wayne	M53	Unattached	8.00	8.36	5	6

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****....M50 60 Meter Dash**

4 Davis, Roger	M51 Unattached	8.10	8.37	5	4
5 Kern, Jack	M50 Jack Kern	9.00	9.15	6	2
6 Overstake, Grant	M51 Unattached	9.50	9.25	6	1

M55 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 Reynolds, Trip	M55 Unattached		8.31	4	10
2 meares, kelly	M55 Zippy	0.10	8.89	2	8
3 Hughey, Rick	M58 Unattached	8.50	9.24	3	6
4 Uhrig, Jack	M55 Hom Track Club	8.50	9.70	3	4
5 Smith, Phillip	M58 Swinney	9.00	10.80	3	2
-- Bryant, Mark	M58 Swinney	9.00	DNF	4	

M60 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 Paulette, Foster	M61 Unattached	9.50	11.49	2	10

M65 60 Meter Dash

Name	Age Team	Seed	Finals	Points
1 Snook, James	M66 Unattached	8.88	9.68	10
2 Meyer, Alex	M67 Alex J. Meyer	10.00	10.28	8

M24&U 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
-- Rico, Saul	M19 Unattached	25.00	DNF	11	

M25-29 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 Stovall, Carl	M28 Unattached	24.00	26.55	11	10

M30 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 Hawkins, Roger	M34 Unattached	23.40	25.87	10	10

M35 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 Dolezilek, Shawn	M37 Unattached	25.00	26.97	9	10

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****M45 200 Meter Dash**

Name	Age	Team	Seed	Finals	H#	Points
1 Peebles, Joseph	M49	Unattached	25.00	31.71	8	10
2 Longland, John	M47	Unattached	30.34	31.78	8	8

M50 200 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Davis, Roger	M51	Unattached	26.00	28.99	5	10
2 Beattie, Richard	M51	Richard Beattie	31.00	30.03	7	8
3 Reynolds, Wayne	M53	Unattached	26.00	30.33	5	6
4 Ellis, Ken	M51	Unattached	26.90	30.83	6	4
5 McDermott, Randy	M50	Unattached	29.00	33.88	7	2
6 Anderson, Richard	M51	Unattached	30:00.00	34.49	7	1

M55 200 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Reynolds, Trip	M55	Unattached		29.63	5	10
2 Hughey, Rick	M58	Unattached	30.00	31.81	3	8
3 Uhrig, Jack	M55	Hom Track Club	30.00	33.86	3	6

M65 200 Meter Dash

Name	Age	Team	Seed	Finals	Points
1 Snook, James	M66	Unattached	31.49	36.16	10
2 Meyer, Alex	M67	Alex J. Meyer	36.00	39.26	8

M24&U 400 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Rico, Saul	M19	Unattached	54.50	56.24	7	10

M25-29 400 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Stovall, Carl	M28	Unattached	54.00	58.49	6	10

M35 400 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Dolezilek, Shawn	M37	Unattached	59.00	54.69	6	10

M45 400 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Pickard, Dennis	M47	Djp	58.50	1:01.44	5	10
2 Longland, John	M47	Unattached	1:08.91	1:07.34	5	8

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****M50 400 Meter Dash**

Name	Age	Team	Seed	Finals	H#	Points
1 Ellis, Ken	M51	Unattached	1:01.00	1:02.79	3	10
2 O'Neill, Jay	M54	Unattached	1:12.00	1:03.37	5	8
3 Davis, Roger	M51	Unattached	1:01.00	1:04.75	4	6
4 McDermott, Randy	M50	Unattached	1:05.00	1:07.36	4	4
5 Beattie, Richard	M51	Richard Beattie	1:09.00	1:08.06	4	2
6 Terry, Steve	M54	Hom Track Club	1.08	1:10.20	3	1
7 Anderson, Richard	M51	Unattached	08:00.00	1:11.41	5	

M55 400 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
1 Reynolds, Trip	M55	Unattached		1:02.59	3	10
2 Hughey, Rick	M58	Unattached	1:06.00	1:06.82	2	8
3 Uhrig, Jack	M55	Hom Track Club	1:08.00	1:10.92	2	6
4 meares, kelly	M55	Zippy	0.80	1:21.21	1	4
-- snodgrass, ernie	M56	Unattached	1:15.00	DNF	3	

M65 400 Meter Dash

Name	Age	Team	Seed	Finals	Points
1 Meyer, Alex	M67	Alex J. Meyer	1:25.00	1:33.59	10

M29&U 800 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Warner, Jeremy	M28	Old Fhsu	2:20.00	2:12.99	10
2 Stahl, Paul	M19	Unattached	2:20.00	2:16.99	8
3 Miller, Blake	M19	Unattached	2:30.00	2:22.39	6

M40-49 800 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Miller, Kevin	M47	Kevin Miller	2:25.00	2:16.56	10
2 Stone, Jon	M42	Unattached	2:18.40	2:15.25	8
3 Davidson, Mark	M46	Unattached	2:30.00	2:24.73	6

M50-59 800 Meter Run

Name	Age	Team	Seed	Finals	Points
1 O'Neill, Jay	M54	Unattached	2:25.00	2:26.89	10
2 Walsh, Steve	M56	Hom Track Club	2:42.00	2:46.28	8
3 Duffin, Bruce	M55	Bruce Duffin	2:37.00	2:47.85	6
4 Terry, Steve	M54	Hom Track Club	2:36.00	2:42.41	4
5 Uhrig, Jack	M55	Hom Track Club	2:40.00	2:51.38	2
6 McDermott, Randy	M50	Unattached	2:30.00	2:55.75	1

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****M70-79 800 Meter Run**

Name	Age	Team	Seed	Finals	Points
1 Merriman, Lew	M72	Unattached	2:52.00	3:06.60	10

M29&U 1 Mile Run

Name	Age	Team	Seed	Finals	Points
1 Stahl, Paul	M19	Unattached	5:20.00	5:15.44	10
2 Miller, Blake	M19	Unattached	5:30.00	5:28.89	8

M40-49 1 Mile Run

Name	Age	Team	Seed	Finals	Points
1 Miller, Kevin	M47	Kevin Miller	5:15.00	5:03.77	10
2 Squires, Scot	M41	Scot Squires	5:30.00	5:06.56	8
3 Davidson, Mark	M46	Unattached	25:00.01	5:30.99	6

M50-59 1 Mile Run

Name	Age	Team	Seed	Finals	Points
1 Uhrig, Jack	M55	Hom Track Club	5:40.00	6:03.66	10
2 Duffin, Bruce	M55	Bruce Duffin	6:00.00	6:09.46	8
3 Terry, Steve	M54	Hom Track Club	5:45.00	5:54.65	6
4 McDermott, Randy	M50	Unattached	5:30.00	6:03.79	4
5 O'Neill, Jay	M54	Unattached	5:20.00	6:11.10	2
6 Lundgren, Mike	M57	Unattached	6:40.00	6:49.20	1

M60-69 1 Mile Run

Name	Age	Team	Seed	Finals	Points
1 Wiggins, Bruce	M64	Swinney	9:00.00	8:26.20	10

Men's Elite Mile

Name	Age	Team	Seed	Finals	Points
1 Batliner, Brian	M24	Unattached	4:22.00	4:30.11	3.44
1 Hacker, Rikki	M31	Unattached	4:21.00	4:30.12	3.44
1 Dunlavy, Matt	M30	Unattached	4:29.64	4:32.89	3.44
1 Hilding, DJ	M26	Garry Gribbl	4:30.00	4:34.39	3.44
1 Dexter, Dale	M28	Unattached	4:25.00	4:34.56	3.44
1 Parr, Jason	M27	Unattached	4:30.00	4:36.32	3.44
1 Melgares, Pat	M41	Body First	4:35.00	4:41.12	3.44
1 Kochanowicz, Ron	M37	Unattached	4:32.85	4:41.64	3.44
1 Moos, Adam	M28	Old Fhsu	4:40.00	4:44.05	3.44

M30 60 Meter Hurdles

Name	Age	Team	Seed	Finals	H#	Points
1 Heskin, Berg	M30	Berg Heskin	8.70	8.98	3	10

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****M45 60 Meter Hurdles**

Name	Age Team	Seed	Finals	H#	Points
1 Pickard, Dennis	M47 Djp	9.25	11.49	3	10

M50 60 Meter Hurdles

Name	Age Team	Seed	Finals	H#	Points
1 Ellis, Ken	M51 Unattached	9.20	9.78	2	10

M55 60 Meter Hurdles

Name	Age Team	Seed	Finals	H#	Points
1 snodgrass, ernie	M56 Unattached	11.90	11.18	2	10
2 meares, kelly	M55 Zippy	0.11	11.23	2	8

M65 60 Meter Hurdles

Name	Age Team	Seed	Finals	Points
1 Meyer, Alex	M67 Alex J. Meyer	12.00	14.30	10

M50-59 4x400 Meter Relay

Team	Seed	Finals	Points
1 St Louis Masters 1) Anderson, Richard 51 3) Stone, Jon 42		4:35.86	10
2 Heartland Masters Track Club 'A' 1) Uhrig, Jack 55 3) Walsh, Steve 56	4:30.00	4:36.09	8
	2) Longland, Eric 50 4) Reynolds, Trip 50		
	2) Terry, Steve 54 4) Castillo, Gilbert 55		

M29&U 4x800 Meter Relay

Team	Seed	Finals	Points
1 Old Fhsu 'A' 1) Moos, Adam 28 3) Warner, Jeremy 28	9:20.00	9:20.14	10
	2) Nicholl, Anthony 27 4) Hurst, William 27		

M50-59 4x800 Meter Relay

Team	Seed	Finals	Points
1 Hom Track Club 'A' 1) Terry, Steve 54 3) Walsh, Steve 56	11:30.00	10:42.69	10
	2) Uhrig, Jack 55 4) Castillo, Gilbert 55		

M30 High Jump

Name	Age Team	Seed	Finals	Points
1 Hawkins, Roger	M34 Unattached	1.83m	1.88m	10

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****M45 High Jump**

Name	Age	Team	Seed	Finals	Points
1 Hansen, Randy	M46	Unattached	1.55m	1.52m	10

M50 High Jump

Name	Age	Team	Seed	Finals	Points
1 Ellis, Ken	M51	Unattached	1.50m	1.52m	10
2 Terry, Steve	M54	Hom Track Club		1.17m	8

M55 High Jump

Name	Age	Team	Seed	Finals	Points
1 meares, kelly	M55	Zippy	1.40m	1.42m	10

M65 High Jump

Name	Age	Team	Seed	Finals	Points
1 Meyer, Alex	M67	Alex J. Meyer	1.22m	1.17m	10

M45 Pole Vault

Name	Age	Team	Seed	Finals	Points
2 Hansen, Randy	M46	Unattached	3.57m	3.51m	10

M50 Pole Vault

Name	Age	Team	Seed	Finals	Points
1 Ellis, Ken	M51	Unattached	3.50m	3.51m	10
4 Overstake, Grant	M51	Unattached	3.50m	2.76m	8
5 Kern, Jack	M50	Jack Kern	2.00m	2.31m	6

M55 Pole Vault

Name	Age	Team	Seed	Finals	Points
3 meares, kelly	M55	Zippy	0.03m	J3.21m	10

M65 Pole Vault

Name	Age	Team	Seed	Finals	Points
6 Meyer, Alex	M67	Alex J. Meyer	1.83m	J1.86m	10

M29&U Long Jump

Name	Age	Team	Seed	Finals	Points
1 Stovall, Carl	M28	Unattached	5.90m	5.98m	10

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****M30 Long Jump**

Name	Age	Team	Seed	Finals	Points
1 Hawkins, Roger	M34	Unattached	6.96m	6.61m	10
2 Heskin, Berg	M30	Berg Heskin	6.80m	6.31m	8
3 Barahuna-Gomez, Lester	M30	Unattached	6.00m	5.54m	6

M35 Long Jump

Name	Age	Team	Seed	Finals	Points
1 Dolezilek, Shawn	M37	Unattached	5.75m	6.16m	10

M40 Long Jump

Name	Age	Team	Seed	Finals	Points
1 Ovares, Guido	M41	Guido Ovares	5.50m	4.86m	10

M45 Long Jump

Name	Age	Team	Seed	Finals	Points
1 Peebles, Joseph	M49	Unattached	5.00m	3.53m	10

M50 Long Jump

Name	Age	Team	Seed	Finals	Points
1 Kern, Jack	M50	Jack Kern	4.20m	4.32m	10
2 Terry, Steve	M54	Hom Track Club	13.60m	4.21m	8

M55 Long Jump

Name	Age	Team	Seed	Finals	Points
1 meares, kelly	M55	Zippy	4.00m	4.35m	10
2 boehr, douglas	M56	Unattached	4.00m	4.15m	8
3 Uhrig, Jack	M55	Hom Track Club	4.00m	3.46m	6

M65 Long Jump

Name	Age	Team	Seed	Finals	Points
1 Meyer, Alex	M67	Alex J. Meyer	3.66m	3.56m	10

M35 Triple Jump

Name	Age	Team	Seed	Finals	Points
1 Dolezilek, Shawn	M37	Unattached	11.00m	11.39m	10

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****M40 Triple Jump**

Name	Age	Team	Seed	Finals	Points
1 Ovares, Guido	M41	Guido Ovares	10.50m	9.73m	10

M50 Triple Jump

Name	Age	Team	Seed	Finals	Points
1 Terry, Steve	M54	Hom Track Club	30.00m	9.03m	10

M65 Triple Jump

Name	Age	Team	Seed	Finals	Points
1 Snook, James	M66	Unattached	8.00m	7.16m	10
2 Meyer, Alex	M67	Alex J. Meyer	7.01m	7.00m	8

M50 Shot Put

Name	Age	Team	Seed	Finals	Points
1 Overstake, Grant	M51	Unattached	10.50m	12.28m	10
2 Ellis, Ken	M51	Unattached	12.00m	11.66m	8
3 Kern, Jack	M50	Jack Kern	10.50m	11.28m	6

M55 Shot Put

Name	Age	Team	Seed	Finals	Points
1 meares, kelly	M55	Zippy	0.09m	9.73m	10

M65 Shot Put

Name	Age	Team	Seed	Finals	Points
-- Meyer, Alex	M67	Alex J. Meyer	10.97m	DQ	

M25-29 3000 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Moos, Adam	M28	Old Fhsu	10:30.00	10:03.93	10
2 Nicholl, Anthony	M27	Old Fhsu	11:00.00	10:42.07	8

M40 3000 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Bloemker, Mike	M40	B&Brace	11:15.00	10:37.86	10

M55 3000 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Lundgren, Mike	M57	Unattached	13:00.00	13:30.51	10

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****W35 1 Mile Race Walk**

Name	Age Team	Seed	Finals	Points
1 Dandi, Vijaya	W38 Heartland Ra	16:25.00	13:14.07	10

M40 1 Mile Race Walk

Name	Age Team	Seed	Finals	Points
1 Dandi, Raj	M42 Heartland Ra	10:30.00	9:24.34	10

W50 1 Mile Race Walk

Name	Age Team	Seed	Finals	Points
1 Gentleman, Lynn	W51 Heartland Ra	15:00.00	13:33.62	10

M60 1 Mile Race Walk

Name	Age Team	Seed	Finals	Points
1 Jacobs, Phil	M62 Heartland Ra	13:00.00	11:46.55	10

W60 1 Mile Race Walk

Name	Age Team	Seed	Finals	Points
1 Thornburg, BJ	W64 Heartland Ra	12:00.00	11:33.27	10

M65 1 Mile Race Walk

Name	Age Team	Seed	Finals	Points
1 Kremer, Bo	M67 Heartland Ra	14:30.00	11:49.55	8
1 Weddle, Forrest	M66 Heartland Ra	13:30.00	12:19.32	8
1 Meyer, Alex	M67 Alex J. Meyer	14:00.00	13:03.79	8

W70 1 Mile Race Walk

Name	Age Team	Seed	Finals	Points
1 Haller, Julie	W71 Heartland Ra	12:30.00	13:34.76	10

M70 1 Mile Race Walk

Name	Age Team	Seed	Finals	Points
1 Poisner, Alan	M74 Heartland Ra		9:53.57	10

M75 1 Mile Race Walk

Name	Age Team	Seed	Finals	Points
1 Delon, Floyd	M79 Heartland Ra	14:00.00	14:42.09	10

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****W75 1 Mile Race Walk**

Name	Age	Team	Seed	Finals	Points
1 Lykens, Martha	W79	Heartland Ra	13:00.00	13:53.18	10

W35 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Points
1 Dandi, Vijaya	W38	Heartland Ra	36:45.00	27:01.63	10

M40 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Points
-- Dandi, Raj	M42	Heartland Ra	21:55.00	DQ	

W50 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Points
1 McManus, Eileen	W52	Heartland Ra	20:00.00	18:41.40	10

M60 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Points
1 Jacobs, Phil	M62	Heartland Ra	26:00.00	23:44.44	10

W60 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Points
1 Thornburg, BJ	W64	Heartland Ra	20:30.00	22:14.61	10

M65 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Points
1 Meyer, Alex	M67	Alex J. Meyer	30:00.00	25:57.90	10

M70 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Points
1 Poisner, Alan	M74	Heartland Ra	20:00.00	18:59.92	10

M75 3000 Meter Race Walk

Name	Age	Team	Seed	Finals	Points
1 Delon, Floyd	M79	Heartland Ra	26:00.00	27:52.75	10

2009 Heartland Open and Masters Indoor Meet - 3/21/2009**Johnson County Community College****Results****M90 3000 Meter Race Walk**

Name	Age Team	Seed	Finals	Points
1 Young, Thomas	M91 Heartland Ra	29:30.00	29:09.43	10