

Thursday Night Track Series  
July 16, 2009  
Park Hill High School

**Shot Put**

**Shot Put - Bantman (9-10)**

Boys	Distance	Girls	Distance
		Ryleigh Powell	9' - 4"

**Shot Put - Midget ( 11-12 )**

Boys	Distance	Girls	Distance
		Sarah Ramirez	15' - 0"
		Ciara Dutcher	12' - 6"

**Shot Put - Youth ( 13-14 )**

Boys	Distance	Girls	Distance
Samuel Harvey	24' - 11"	Rebkah Ramirez	13' - 4"

**Shot Put - Intermediate (15-16)**

Boys	Distance	Girls	Distance
Fernando Garcia	31' - 1"		

**TURBO JAVELIN**

**Turbo Javelin - Primary ( 8 & under )**

Boys	Distance	Girls	Distance
Hayden Thornton	53'-10.5"	AnnLynn Early	21'-0"
Nicholas Bonadonna	52'-9"	Emila McDaniel	16'-6"
Jake Wilcox	48'-10"		
Tony Mike Bonadonna	44'-2"		
Preston Thomas	29'-6"		

**Turbo Javelin - Bantam ( 9-10 )**

Boys	Distance	Girls	Distance
Ethen McDaniel	56'-6"	Ciara Dutcher	44'-2.5"
Noah Harvey	34'-10"	Ryleigh Powell	37'-7"

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**4 X 100M RELAY**

**4 x 100m Relay - Primary ( 8 & under )**

<b>Boys</b>	<b>Time</b>	<b>Mixed</b>	<b>Time</b>
<b>Team 1</b>	01:15.8		
Jake Wilcox Tony Mike Bonadonna Nicholas Bonadonna Haden Thornton			
<b>Prowlers Plus 1</b>	01:22.3		
J. Taylor D. Brown L. Tatum C. Cadenhead			

**4 x 100m Relay - Bantam ( 9-10 )**

<b>Prowlers Plus 2</b>	01:23.5		
(Ad- Hoc Team, No Names)			

**4 x 100m Relay - Midget (11-12)**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
		<b>EJC TC Girls</b>	01:16.0
		Ryleigh Powell Bekka Ramirez Sarah Ramirez Ciara Dutcher	

**4 x 100m Relay - Youth (13-14)**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
<b>EJC TC</b>	DQ		
Roy Bay Dondrea Hess Damon Brown Landen Rodgers			

**4 x 100m Relay - Intermediate (13-14)**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
<b>Heartland Youth TC</b>	52.21		
Richardo Garcia Fernando Garcia Nick Gore Nathan Koehler			

**4 x 100m Relay - Masters ( 30+ )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
<b>Heartland Masters TC</b>	63.06		
Jack Uhrig Steve Terry Jacob Uhrig Jason Parr			

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**100M DASH**

**100m Dash - Primary ( 8 & Under )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Tony Mike Bonadonna	15.80	Kamren William	15.28
Joe Taylor	16.71	Deja Brown	16.97
Jake Wilcox	16.72	Camryn Cadenhead	19.70
Nicholas Bonadonna	17.34	Laila Tatum	19.71
Hayden Thornton	17.37	AnnaLynn Earley	20.54
Caleb Strong	17.63		
Storm Reif	18.50		
Jalen McGee	19.70		
Aidan Jamar Tripley	20.47		
Charles Bonadonna	21.06		
Joshua Nunn	27.90		

**100m Dash - Bantam ( 9-10 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
		Ryleigh Powell	15.90
		Alexa Spencer	16.85

**100m Dash - Midget (11-12 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Khalil David	12.37	Brianne Williams	14.05
Carlos Davis	12.50	Sarah Ramirez	16.32
Stefan McCarthy	17.00	Emily Thornton	16.93
Devion Hess	15.70	Ciara Dutcher	21.10

**100m Dash - Youth (13-14 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Damon Brown	11.48	Bekka Ramirez	15.56
Roy Bay	11.94		
Dondrea Hess	13.77		
Lonnie Youth	13.80		

**100m Dash - Intermediate (15-16 )**

Kyle Fiest	13.22		
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**100m Dash - Masters ( 30+ )**

<b>Men</b>	<b>Time</b>	<b>Women</b>	<b>Time</b>
Jack Uhrig	14.75	Toni Bonadonna	17.16
		Cathy Bonadonna	18.20

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**800M RUN**

**800m Run - Bantam ( 9-10 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Joshua Nunn	3:57	Jenna Winebrenner	3:13

**800m Run - Midget (11-12 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>

**800m Run - Youth (13-14 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Aaron Stephens	2:12.75	Trudy Martin	2:38.04
Landon Rogers	2:32.43	Jonna Grauberger	3:38.04
Daniel Chen	2:33.16		
Kevin Castillo	2:48.08		

**800m Run - Intermediate ( 15-16 )**

<b>Men</b>	<b>Time</b>	<b>Women</b>	<b>Time</b>
Greyson Rogers	2:17.63	Susanna Grubbs	2:43.91
		Sam Verduzco	2:49.16

**800m Run - Senior ( 17-18 )**

<b>Men</b>	<b>Time</b>	<b>Women</b>	<b>Time</b>
Richardo Gracia	2:18.79		

**800m Run - Masters ( 30+ )**

Steve Terry	2:40.77		
Jack Uhrig	2:44.74		
Bruce Duffin	2:50.90		
Jacob Uhrig	3:32.14		

**1500M RUN**

**1500m Run - Bantam ( 9-10 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Joshua Nunn	08:22.8		

**1500m Run - Youth (13-14 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Cain Wirbrenner	05:02.0	Joanna Grauberger	06:10.0
Kevin Castillo	06:07.0		

**1500m Run - Intermediate ( 15-16 )**

<b>Men</b>	<b>Time</b>	<b>Women</b>	<b>Time</b>
		Sam Verduzco	05:56.0

**1500m Run - Open/Masters (19+ )**

Steve Terry	05:34.0		
Jack Uhrig	05:59.0		
Bruce Duffin	06:04.7		
Jacob Uhrig	07:40.2		

**Thursday Night Track Series**  
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**50M DASH**

**50m Dash - Primary ( 8 & under )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Tony Mike Bonadonna	8.12	Alana Freeman	9.37
Jake Wilcox	8.25	Emilia McDaniel	9.70
Joe Taylor	8.43		
Hayden Thornton	8.82		
Nicholas Bonadonna	8.49		
Jalen McGee	9.88		
Preston Thomas	10.28		
Charles Bonadonna	10.31		
Storm Reif	10.57		
Aidan Jamar Tripley	13.95		

**50m Dash - Bantam ( 9-10 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Ethan McDaniel	8.25	Ryleigh Powell	8.24
Noah Harvey	8.50	Alexa Spencer	8.65

**400M DASH**

**400m Dash- Bantam ( 9-10 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Joshua Nunn	01:47.5	AnnaLynn Earley	01:56.7

**400m Dash - Midget (11-12 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Khalik Davis	59.26	Brianne Williams	01:16.7
Stefan McCarthy	62.01		
Carlos Davis	63.06		

**400m Dash - Youth (13-14 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Distance</b>
Dondrea Hess	01:11.4	Griffin Burri	01:17.1
Lonie Jackson	01:14.1		

**400m Dash - Itermediate ( 15-16 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Nathan Koehler	60.27		
Greyson Rogers	61.07		
Nick Gore	63.03		

**400m Dash - Open/Masters ( 19+ )**

<b>Men</b>	<b>Time</b>	<b>Women</b>	<b>Time</b>
Jack Uhrig	68.25		
Steve Terry	01:10.5		
Bruce Duffin	01:16.1		
Lew Merriman	01:24.0		
Jacob Uhrig	01:38.3		

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**200M DASH**

**200m Dash - Primary ( 8 Under)**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Hayden Thornton	38.75	Kamren William	34.93
Jake Wilcox	39.08	Deja Brown	38.22
Tony Mike Bonadonna	39.37	Laila Tatum	42.18
Nicholas Bonadonna	40.75		
Caleb Strong	42.01		
Jalen McGee	43.34		
Charlie Bonadonna	40.75		

**200m Dash - Bantam ( 9-10 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Joshua Nunn	01:47.5	AnnaLynn Earley	01:56.7

**200m Run - Midget ( 11-12 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Khalik Davis	25.67	Brianne Williams	30.54
Carlos Davis	26.81	Sarah Ramirez	36.77
Stefan McCarthy	26.87	Emily Thornton	37.84
Devion Hess	35.12		

**200m Dash - Youth ( 13-14 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Distance</b>
Damon Brown	24.08	Trudy Martin	26.88
Roy Bay	24.68	Griffin Burri	32.5
Lonnie Youth	29.01	Bekka Ramirez	39.37
Landon Rogers	29.29		

**200m Dash - Intermediate ( 15-16 )**

<b>Boys</b>	<b>Time</b>	<b>Girls</b>	<b>Time</b>
Fernando Garica	24.31	Susanna Brubbs	30.82
Nathan Koehler	25.39		
Nick Gore	26.75		

**200m Dash - Open/Masters ( 19+ )**

<b>Men</b>	<b>Time</b>	<b>Women</b>	<b>Time</b>
Keith Constance	24.43		
Steve Terry	30.01		
Jack Uhrig	30.03		