

Thursday Night Track Series
July 30, 2009
Park Hill High School

SHOT PUT

Shot Put - Primary (8 & Under)

Boys	Distance	Girls	Distance

Shot Put - Bantman (9-10)

Boys	Distance	Girls	Distance

Shot Put - Midget (11-12)

Boys	Distance	Girls	Distance
Trevaun Boyd	23'-5"	Sarah Ramirez	19'-7"

Shot Put - Youth (13-14)

Boys	Distance	Girls	Distance
Evel Brown	31'-8"		
Roy Bay	29'-4"		
Damon Brown	29'-0"		
Jeremiah Stewd	26'-2"		
Taylor Pfannenstiel	24'-0"		
Jacob Johnson	23'-10"		
Alex Major	19'-9"		

Shot Put - Open/Masters (19 +)

Boys	Distance	Girls	Distance
Mr. M. Howard	44'-9"		

TURBO JAVELIN

Turbo Javelin - Primary (8 & under)

Boys	Distance	Girls	Distance
Nicholas Bonadonna	44'-8"		
Tony Mike Bonadonna	43'-0"		
Hayden Thornton	39'-7"		
Jake Wilcox	38'-5"		
Chase Wilcox	32'-9"		
Charlie Bonadonna	19'-4"		

Turbo Javelin - Bantam (9-10)

Boys	Distance	Girls	Distance

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4 X 100M RELAY

4 x 100m Relay - Primary (8 & under)

Boys	Time	Girls	Time
Athletics B	01:45.7		
Chase Wilcox Charlie Bonadonna Nina Bonadonna Joshua Nunn			
Athletics	01:17.4	Prowlers Plus 1	01:21.9
Nick Bonadonna Hayden Thornton Jake Wilcox Tony Brandon		Caleb Strong Camryn Cadenhead Deja Brown Laila Tatum	

4 x 100m Relay - Bantam (9-10)

B&G #2	01:01.6		
A. Anderson Robert Way Xavier Morrow Elah Brown			

4 x 100m Relay - Midget (11-12)

Boys	Time	Mixed	Time
Heartland Youth TC	57.97	B&G #1	01:12.1
Alex Majors Jacob Johnson Taylor Pfannenstiel Stefan McCarthy		Elah Brown Aaron Boyd Alisha Davis Emil Howard	

4 x 100m Relay - Youth (13-14)

Boys	Time	Boys	Time
EJC TC #1	51.81	Park Hill B	59.44
Roy Bay Nick Gore Damon Brown Jeremy Stuart		Kevin Castillo Vince Tutoring Daniel Chen XXX XXX	

4 x 100m Relay - Intermediate (15-16)

Boys	Time	Mixed	Time
Heartland Youth TC	49.63	EJC TC #2	
Tyler Bishop James Leach Jason Parr Nathan Koehler		Sarah Ramirez Bekka Ramirez Ben Ramirez Robert Ramirez	

4 x 100m Relay - Senior (17-18)

Boys	Time	Mixed	Time
Palestine B		Palestine A	46.01
Carlos Davis Khalil Davis Richard McCoy Malcom Asberry		Nick McCoy Brienne Williams Jamal Jones Cameron Taylor	

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100M DASH

100m Dash - Primary (8 & Under)

Boys	Time	Girls	Time
Tony Mike Bonadonna	16.06	Niya Harris	15.39
Nicholas Bonadonna	17.31	Alana Freeman	19.01
Jake Wilcox	18.12	Deja Brown	19.27
Haydon Thornton	18.13	Laila Tatum	19.51
Elijah Saulter	18.68	Camryn Cadenhead	19.69
Caleb Strong	19.01		
Charile Bonadonna	20.47		
Jalen McGee	20.63		
Chase Wilcox	25.22		
Ayden Triplett	29.28		

100m Dash - Bantam (9-10)

Boys	Time	Girls	Time
Elah Brown	15.87	Aliyshia Davis	16.09
Hunter Phannenstiel	16.23	Alexa Spencer	16.96
Emill Howard	16.67	Sa'mone Springsteen	18.16
Aaron Boyd	17.44		

100m Dash - Midget (11-12)

Boys	Time	Girls	Time
Khalil Davis	12.61	Karly Kernodle	13.65
Carlos Davis	12.64	Brianne Williams	14.50
Stefan McCarthy	12.75	Sarah Ramirez	16.77
Lonnie Jackson	13.16		
Xavier Morrow	15.68		
Pearce Odegard	15.99		
Robert Way	18.01		
Cole Phannenstiel	18.28		
Rashad Way	18.90		

100m Dash - Youth (13-14)

Boys	Time	Girls	Time
Damon Brown	11.50	Griffin Burri	15.72
Roy Bay	12.27		
Evel Brown	12.30		
Jeremah Stewart	12.98		
Taylor Pfannenstiel	13.95		
Landon Rogers	13.99		

100m Dash - Senior (17-18)

Boys	Time	Girls	Time
Richard McCoy	10.70		
Malcolm Asberry	11.00		

100m Dash - Masters (30+)

Men	Time	Women	Time
Robert Ramirez	13.82		
Jim Snook	14.50		

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800M RUN

800m Run - Bantam (9-10)

Boys	Time	Girls	Time
Joshua Nunn	0:03:59		

800m Run - Midget (11-12)

Boys	Time	Girls	Time

800m Run - Youth (13-14)

Boys	Time	Girls	Time
Vince Tutoring	02:37.6	Trudy Martin	02:36.0
Landon Rogers	02:47.6		
Kevin Castillo	02:52.4		

800m Run - Intermediate (15-16)

Men	Time	Women	Time
Jon Steven	02:37.2	Sarah Smart	03:22.7
Jon Adam	02:51.4		
Greyson Rogers	02:24.9		

800m Run - Senior (17-18)

Men	Time	Women	Time
		Elizabeth Grubbs	02:48.9

800m Run - Masters (30+)

Rob Nesbit	02:29.9		
Jason Parr	02:10.9		

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50M DASH

50m Dash - Primary (8 & under)

Boys	Time	Girls	Time
Tony Mike Bonadonna	8.33	Alana Freeman	9.75
Haydon Thornton	9.01	Nina Bonadonna	11.11
Jake Wilcox	9.15		
Nicholas Bonadonna	9.28		
Ayden Triplett	9.79		
Elijah Saulter	10.05		
Charlie Bonadonna	11.25		
Chase Wilcox	12.51		

50m Dash - Bantam (9-10)

Boys	Time	Girls	Time
Hunter Pfannenstiel	8.27	Alisha Davis	8.35
Aaron Boyd	8.43	Alexa Spencer	9.01
Emill Howard	8.62		

400M DASH

400m Dash- Primary (8 & Under)

Boys	Time	Girls	Time
Joshua Nunn	01:46.4		

400m Dash- Bantam (9-10)

Boys	Time	Girls	Time
Aaron Brown	01:20.1	Niya Harris	01:16.5
E-lah Brown	01:29.1		
Hunter Pfannenstiel	01:30.1		

400m Dash - Midget (11-12)

Boys	Time	Girls	Time
Rashad Way	01:20.8	Brianne Williams	01:13.6
Robert Way	01:25.5	Sarah Ramirez	01:26.6
Xavier Marrow	01:35.1		

400m Dash - Youth (13-14)

Boys	Time	Girls	Time
Taylor Pfannenstiel	01:08.6	Ronnie Jackson	01:15.6
Jacob Johnson	01:09.0	Griffin Burri	01:16.2
Alex Majors	01:14.4		

400m Dash - Intermediate (15-16)

Men	Time	Women	Time
Nick McCoy	57.41		

400m Dash -Senior (17-18)

Cameron Taylor	55.39		
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400m Dash -Open/Masters (19+)

Jim Snook	01:19.1		

**Thursday Night Track Series
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200M DASH

200m Dash - Primary (8 Under)

Boys	Time	Girls	Time
Hayden Thornton	38.78	Niya Harris	34.91
Tony Mike Bonadonna	39.91	Deja Brown	40.41
Jake Wilcox	40.5	Laila Tatum	44.56
Caleb Strong	42.01	Camryn Cadenhead	46.56
Nicholas Bonadonna	42.72		
Jalen McGee	43.75		
Elijah Saulter	43.77		

200m Dash - Bantam (9-10)

Boys	Time	Girls	Time
E-lah Brown	36.3	Alisha Davis	40.09
Emil Howard	37.5	Alexa Spencer	41.49
Hunter Pfannenstiel	38.3	Sa'mone Springsteen	42.78
Aaron Brown	40.13		

200m Run - Midget (11-12)

Boys	Time	Girls	Time
Khalil Davis	26.5	Karly Kernodle	29.38
Carlos Davis	26.57	Brianne Williams	30.84
Stefan McCarthy	26.97		
Lonnie Jackson	29.56		
Xavier Morrow	38.53		
Cole Pfannenstiel	44.02		

200m Dash - Youth (13-14)

Boys	Time	Girls	Distance
Damon Brown	25.16	Griffin Burri	32.91
Roy Bay	26.66		
Evel Brown	29.38		
Landon Rogers	29.4		
Taylor Pfannenstiel	30.12		
Jacob Johnson	30.6		
Alex Majors	34.25		

200m Dash - Intermediate (15-16)

Boys	Time	Girls	Time
Jamal Jones	22.61	Susanna Grubbs	30.12
Nathan Koehler	25.34		
Nick Gore	26.73		
Nick McCoy	27.66		

200m Dash - Open/Masters (19+)

Men	Time	Women	Time

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4 X 800M RELAY

4 x 800m Relay - Youth (13-14)

Boys	Time	Girls	Time
EJC TC #1	09:36.7	KC Blazers	11:48.1
Greyson Rogers Landon Rogers Vince Tutoring U-Teck		Trudy Martin Elizabeth Grubbs Susanna Grubbs Mae-Lynn Shelton	
Park Hill B	11:01.4		
Kevin Castillo Jon Adams Daniel Chen Jon Steven			

4 x 800m Relay - Intermediate (15-16)

Boys	Time	Girls	Time
Park Hill	09:35.3		
Tyler Bishop James Leach Nick Gore Nathan Koehler			

4 x 800m Relay - Senior (17-18)

Boys	Time	Girls	Time
Old Park Hill	08:56.9		
Kevin McKee Jeff Blackton Jox Fox Coach Parr			